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LMP's Training Announcements!

This Newsletter is here to inform you about the **multiple webinar training events the UNM LARC Mentoring Program is hosting along with the launch of our virtual IUD practicums**. We hope to see you there!

This month we are announcing:

- [Addressing Common Concerns with Counseling](#)
- [Weekly Reproductive Health Webinar](#)
- [Additional Webinar Trainings](#)
- [Nexplanon Trainings and IUD Practicums](#)
- [Google Calendar](#)

Addressing Common Concerns with Counseling

**Practical and Sustainable Steps for Addressing Bias and Patient Concerns
(5 CME available at no cost)**

Addressing common concerns with contraception, like...

"Is this birth control going to make me gain weight?"

"Why am I having all this weird bleeding on this birth control?"

"I don't really know if I want to use birth control, and I am not sure if I want to be pregnant."

The UCSF Bixby Center's Beyond the Pill team is pleased to partner with the UNM LARC Mentoring Program to bring you this interactive virtual training. The training is free, CME/CE accredited, and open to all clinic staff.

September 22nd Event Schedule:

10 AM - 12 PM (MT)

Reproductive Justice, Cultural Humility & Implicit Bias (2 CME/CE credits)

Designed for all staff and clinicians, this session explores implicit bias and how applying the principles of cultural humility can improve the quality of contraceptive care. Through guided exercises and self-reflection, participants practice strategies and techniques to improve clinical outcomes.

12 - 1 PM

Break for Lunch

1- 3 PM

Sharing the Science (2 CME/CE credits)

Designed for all staff and clinicians who conduct counseling, this session offers strategies for presenting scientific data, using a patient-centered approach. Participants discuss case studies, including patient concerns about weight gain, breakthrough bleeding, side effects, and pregnancy ambivalence, and practice offering non-judgmental counseling in challenging, but common, real-world scenarios with a focus on patient-centered approaches.

3 - 3:30 PM

Afternoon Break

3:30 - 5:00 PM

LARC Reimbursement Strategies (1 CME/CE credit)

An interactive presentation to troubleshoot your LARC billing and coding issues. We will review options for ordering, stocking, and the process of billing for IUDs and implants in NM; additionally, policies, codes, and ways to improve clinical documentation to support LARC.

Detailed information on joining the training will be provided upon registration.

Questions or technical difficulties? Please contact Andrea Andersen at aanderse@salud.unm.edu or Julia Hankin at julia.hankin@ucsf.edu.

[Register Here!](#)

Weekly Reproductive Health Webinar

Everything you need to know about the Pill; Part 1:

Date: Tuesday, August 4th at Noon (Register below!)

This webinar will discuss various topics on the pill. **1.0 CME offered at no cost!** During this hour we will do the following:

1. Introduction and overview of the oral contraceptive pill
2. Reviewing differences between monophasic, multiphasic, extended use, low progestin, progestin only
3. Discussing how to choose the right OCP and when to switch

Everything you need to know about the Pill; Part 2:

Date: Tuesday, August 11th at Noon (Register below!)

This webinar will discuss various topics on the pill **1.0 CME offered at no cost!** During this hour we will do the following:

1. How to guide a patient in quick start and skipping periods using OCPs
2. Review how to use oral contraceptives as a form of emergency contraception
3. Non-contraceptive uses of OCPs

Reproductive Health During COVID-19- an update:

Date: Tuesday, August 18th at Noon (Register below!)

This webinar will discuss how to provide contraceptive health during COVID-19. **1.0 CME offered at no cost!** During this hour we will do the following:

1. Review origin, basis, and terminology associated with the Reproductive Justice movement
2. Discuss reproductive health access during states of emergency
3. Discuss new management recommendations

[Register Here for all webinar trainings!](#)

*****CME note: it may take a few weeks to process and send your CME, please allow approximately two weeks for a CME transcript. We are able to provide a letter, if needed, during the time gap of retrieval.**

Additional Webinar Trainings

Interested in webinar trainings that we have conducted in the past?

[Here is a list of all of the webinar trainings that we have conducted!](#) If you or your clinic would like to hear any of these webinars, please email InCantu@salud.unm.edu. Also, if you have any ideas for future webinars, please let us know!

Nexplanon Trainings and IUD Practicums

We typically offer Nexplanon and IUD hands on trainings once monthly, but since the pandemic started we have paused those trainings. Merck holds the two hour long FDA mandated Nexplanon trainings, and Merck has their own evolving policies around their trainings. One of our clinical trainers is a Nexplanon trainer for the majority of community trainings for Nexplanon in NM, but the Merck reps are the people who coordinate the trainings. Any clinician who resides and/or works in an area with what Merck deems to have a high incidence of COVID is unable to attend these trainings. Nexplanon trainings are not available virtually. If you'd like, Irene Cantu (InCantu@salud.unm.edu) can put you on our list of people interested in Nexplanon trainings and we can contact you when we are able to offer in person trainings again. LMP can also put you in touch with the Merck/Nexplanon rep for your area if you'd like.

We are working to change our IUD practicums to a virtual format, with hope to offer these via zoom in the fall. Irene Cantu (InCantu@salud.unm.edu) can also put you on a list of people interested in a virtual IUD practicum (which includes 2 hours of free CME), if you'd like. Another option to possibly obtain IUD training sooner would be to reach out to reps from the three IUD manufacturers.

Google Calendar

This calendar will allow you to be aware of the trainings we have throughout the year, so that you can make plans to attend. By clicking on an event you can view the event details and register! We hope to see you there.

Please contact Irene Cantu (InCantu@salud.unm.edu) if you have any questions about the newsletter, upcoming trainings or information provided in this email!

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